



Stylephile

GIVE YOUR SKIN A LITTLE LOVE

After a summer of sun, sand and surf, your face deserves some serious TLC.

"Despite all the press about sun protection, people continue to expose themselves to harmful rays," says dermatologist Dr. Jeanine B. Downs of Montclair. "Wear broad-spectrum, SPF 30 sunblock every day of the year," advises Downs, "and treat your face to moisturizers and serums as needed." Here's a roundup of some of our favorite new splurges.

Hottest Products...

Dark Spot Sun Defense SPF 50

Dr. Dennis Gross recently launched Dark Spot Sun Defense SPF 50, a daily sunscreen formulated with the best antioxidant complex, including Malatonin Defense Complex with three forms of vitamin C and E. The final step in any morning skin-care regimen, it moisturizes and helps prevent signs of premature aging, including fine lines and wrinkles. When under makeup, it's loaded with skin-soothing ingredients and helps soothe redness and improve elasticity. drgrossskincare.com

Skin Caviar Luxe Cream Sheer

Le Fraiche's brand new Skin Caviar Luxe Cream Sheer is a skin-softening formula especially beneficial for parched skin that's been neglected under summer sun. The proprietary caviar extract is rich in amino acids and stimulates like omega-3, which boosts the antioxidant defense and improves skin's barrier function. And here's a bonus: this luxurious cream also helps lift, firm and retexture the jawline. 4.231, Neiman Marcus, 10.3.14ur Milk.

Retinol Anti-Aging Facial Oil

Retinol Anti-Aging Facial Oil is straight and no-nonsense, with 100% essential oils plus vitamins A and C, and a gel of hyaluronic acid to deliver antioxidant protection and optimize the effectiveness of daily skin-care regimens. It's infused with Allinol, a natural oil and Sea Buckthorn's omega 7 and fatty acids to hydrate and protect skin and supply key nutrients to soothe irritation, dryness and loss of elasticity. \$28, available at ULTA Beauty stores and ulta.com.

Latest Pampers...

Biopelle Skin Brightening

At Belmore Spa in Bedding Ridge, a sunless tanning treatment is helping clients restore skin clarity and reduce pigment spots. Biopelle Tanning Serum 40 features a combination of Cryptomonas algaema snails (CSA), which Belmore owner Cosabella Scroggins says is "the first and only naturally generated growth factor absorbed through the skin. It stimulates collagen production, repairs skin and helps slow and reverse visible signs of aging." A 60-minute session is \$45.

Gravity-Defying Facial

After a busy summer, pamper your skin at Esthetica MD in Englewood. Their gravity-defying treatment relies on sound waves and electrical current to enhance the penetration of active peptides and antioxidants up to 4,000 times more than a manual facial. "This facial treatment helps improve skin tone, fine lines, wrinkles and the structural integrity of skin for a youthful and healthy appearance," says Dr. Dennis Reubin, Esthetica MD medical director. \$250 for a 60-minute treatment.

Halo Hybrid Fractional Laser

Now available at the Parker Center for Plastic Surgery in Paramus, Halo delivers wavelengths to provide skin treatment on and below the surface. It also targets damaged areas to improve uneven tone, discoloration, enlarged pores, scarring and fine wrinkles. "Patients want quick, less invasive procedures that provide fast results. Halo is the first real innovation in lasers in the last decade," says Dr. Paul M. Parker, medical director. You can be in and out over your lunch hour. Treatments range from \$900 to \$1,750.

—SUSAN BRIERLY BUSH

Snails for your skin!