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The Parker Center for Plastic Surgery

A personal touch you can trust

By Jennifer Bonazzo-Peters



For over 20 years, Paul M. Parker, M.D., F.A.C.S. and his staff at the Parker Center for Plastic Surgery in Paramus have been committed to customizing treatments and providing satisfaction to every individual. Countless patients around Bergen County have experienced real and lasting results to their skin because of Dr. Parker's expertise and care. He has always strived to provide the most cutting-edge technology for his patients, and recently there has been a great deal of buzz around his facility due to the arrival of the first Halo Hybrid Fractional Laser in the New York metropolitan area. Arriving at his facility in January 2015, this tool first became popular in Hollywood. Dr. Parker's office has long been the go-to place for plumpers, chemical peels and fillers, but the Halo device is now the biggest attraction due to its low downtime and enduring outcomes.

Skin is something that is close to the heart for Dr. Parker. He tried the laser treatments out himself and it served as a testament to his devotion to his patients and family.

"My dad has skin cancer," Dr. Parker said. "Therefore, caring for and protecting my skin is that much more important to me. Halo gives the results seen with an ablative fractional laser but the downtime of a non-ablative fractional laser. It's the best of both worlds."

Almost a dozen members the Parker Center team decided to undergo the long-awaited Halo treatment as well and they are already doing double takes when they look at themselves in the mirror. They're pleasantly surprised with the amazing difference in skin age and texture and they are simply blown away by how quickly the positive outcomes have appeared.

The Halo Hybrid Fractional Laser, often referred to as "Halo," provides excellent results within just a few months. It is the picture-perfect formula people have been waiting for. Before this unique laser was created, the other lasers on the market lacked the extraordinary traits of the Halo. Those which were effective in reducing fine wrinkles on the skin were associated with a prolonged recovery. The Halo is a breakthrough in

laser technology due to its hybrid nature. The device utilizes the effects of two lasers: one to treat the epidermis and another that travels deeper to the junction between the epidermis and dermis. Together, these two wavelengths create dramatic results that improve fine wrinkles, tone and texture of the skin, as well as acne scarring. In addition, pore size is reduced and discoloration of the skin is improved. As a fractional laser, the Halo only treats a fraction of the skin. It does this by creating holes the width of a human hair which allow these laser beams to pass so patients can recover rapidly. Halo can be combined with other modalities such as Botox or other neurotoxins. For example, Botox is first injected into areas of facial wrinkling to reduce or eliminate wrinkles. Next, the Halo laser treatment is administered to a smoother skin surface that yields superior results. The entire process is virtually pain-free.

Some results are visible right away but patients will experience the most vivid improvements after three to five months. In addition, Dr. Parker and his team have combined the Halo laser with Ulthera, a highly focused ultrasound device that transmits ultrasound energy into the deep layers of the skin as well as tissues beneath it to tighten and lift the skin. If a patient wishes to go this route, he or she first receives an Ulthera treatment and then receives the Halo laser treatment two weeks later. Typically, these treatments take about 30 minutes. Many people simply aren't ready for a full face lift and they may never even want to go that route. The Halo treatments alone, or in conjunction with other treatments such as Botox or Ulthera, are perfect for these people. The only required prep is topical anesthesia that is administered about 45 minutes prior. After treatment, the patient's face merely mimics the redness of a day in the sun for less than a week. This is easily concealed with your everyday makeup.

Patients feel right at home at the Parker Center. The sparkling facility is filled with the warmest people who make you feel safe immediately upon entering. Every member of the staff is totally committed to customer service, and they are all glad to share their endless knowledge with you.

"Our patients truly love their results," said Angela Parisi, a registered nurse at the facility.

Spring is here and summer is right around the corner. Now is the perfect time to start looking better than ever before.

The Parker Center for Plastic Surgery is located at 122 East Ridgewood Avenue in Paramus. For more information, visit www.parkercenter.net and call (201) 967-1212 to schedule a consultation.

